Pre-Travel Checklist

❑ All travelers graduate and undergraduate students must register in Cornell’s Travel Registry: www.travelregistry.cornell.edu

❑ Become knowledgeable about risks in location. Visit these sites for researching your destination:
  o Center for Disease Control: https://www.cdc.gov/outbreaks/index.html
  o Insight

❑ Verify your health insurance covers you or purchase additional coverage, or you must purchase additional coverage:
  o Students covered by the Cornell Student Health Plan (SHP) can locate participating providers using the DocFind Service available on the Aetna Student Health website

❑ Consider purchasing insurance for trip interruption:
  o https://www.insuremytrip.com/

❑ Consider purchasing insurance for property protection:
  o Arthur J. Gallagher & Co. www.collegestudentinsurance.com or call 1-888-411-4911

❑ Understand how to use UHC Global Emergency Assistance. More information on this in this packet:
  o When filing a case email: assistance@uhcglobal.com
  o Appropriate when travel is more than 100 miles away from Cornell’s campus

❑ Determine your immunizations by contacting the Travel Nurse at Cornell Health.

❑ Develop an emergency plan and be available 24/7 to travelers in case of an emergency during the trip.
  o Where would you go in the event of a crisis?
  o Where is your backup location to gather?
  o How would you exit the city/region?

❑ Know who to contact in the event of an emergency at Cornell:
  o Cornell Police – 607-255-1111

❑ Determine the conditions of roads and safest routes of travel in the area.